

Music Retreat Information, 2019

Greetings Wind Ensemble, Jazz Ensemble, Orchestra, and FLI-Band Parents and Students,

On Friday, September 27th, through Sunday, September 29th, your students will participate (if they chose to) in a music retreat. *This is not a required event*, however, it is an event that will have a lasting effect on the rest of our year as we kick-off our concert season. I highly recommend that all students attend. I certainly understand if other plans take priority - *family first!!*

Where is the retreat?

Camp Tapawingo is outside of Falls City, Oregon in the foothills of the coast range. It is a beautiful setting with modern facilities and great food. Here is the [link to Camp Tapawingo](#) for more details of the facilities. Here are [directions to Camp Tapawingo from Lincoln High School](#).

What is going to happen during the retreat?

The purpose of the band retreat is to provide a focused time for students to develop a group relationship within each band, and across both bands. The importance of team-building is critical to any performing group. The greater one's connection with the members of the group, the greater the group will perform.

The band retreat will have scheduled time that is structured, safe, and appropriate for a retreat. Below you will see a draft of the agenda. I will send out a final copy when we have more information in place.

We have 6 chaperones who are willing to sleep in the same cabins as the students. Thank you!

What is the cost of the retreat, and what is included in that cost?

The retreat will cost \$125.00. This will include transportation to and from the retreat, equipment truck rental, staff stipends (for "coaches" we will hire to run sectionals), food, lodging, and special activities during the retreat. There is a lower cost for students on free and reduced lunch. Please contact me with questions/concerns.

One of our activities is the "flying squirrel". This is not required, but I highly recommend it. People are placed into a harness and are pulled into the air by a team of other people. This is *not required*.

You can pay using SchoolPay, or Students are to bring a check made payable to *Lincoln High School*. On the "memo" line, write "music retreat" and your student's name. Place the check inside an envelope, seal the envelope, on the outside of the envelope write your *student's name* and *Music Retreat*. Give the envelope to Mr. Kays and he will deposit it with the LHS Bookkeeper.

What should be brought to the retreat?

Students should bring a sleeping bag, pillow, toiletries, instrument, music, folding music stand, and appropriate clothing for the outdoors. Please bring enough clothes in case of really wet weather. There is no Wifi/internet however, students are allowed to bring computers in order to work offline on schoolwork. There is also no cell phone coverage at this location. You can call the camp at (503)787-3828 in case of emergency.

Band Retreat Tentative Agenda

- I. Friday, September 28th**
 - A. 4:00PM Load the equipment truck with gear
 - B. 4:30PM Load instruments into equipment truck and get on the bus!
 - C. 6:30PM Arrive and unload into cabins
 - D. 7:00PM Dinner (this might happen before unloading)
 - E. 10:30PM Dessert/Snack
 - F. 11:30PM Lights Out, go to sleep.

- II. Saturday, September 29th**
 - A. You may wake up early and do homework with a friend.
 - B. 9:00AM Breakfast
 - C. 10:00AM Sectionals/Full Rehearsal
 - D. 11:30AM Free time/Ga-Ga Ball
 - E. 12:00PM Lunch
 - F. 1:00PM Ropes Challenge/Flying Squirrel followed by free time.
 - G. 3:00PM Sectionals
 - H. 4:00PM Free time
 - I. 6:00PM Dinner
 - J. 7:00PM Free time/prep for Recital Night, No Talent Talent Show
 - K. 8:00PM No Talent Talent Show: Students put together an act to perform
 - L. 9:00PM Snack and group games
 - M. 10:00PM Campfire and individual game time
 - N. 10:30PM Cabins
 - O. 11:30PM Lights out

- III. Sunday, September 30th**
 - A. 8:30AM Breakfast
 - B. 9:15AM Clean cabins and bring luggage to the mess hall
 - C. 10:00AM Load Equipment Truck
 - D. 10:30AM Load busses and leave for LHS
 - E. 12:00PM Arrive back at LHS (unload equipment truck)
 - F. 12:30PM Parents pick up students

Packing List for Band Retreat

Music Stuff

1. Instrument (this includes all concert and marching percussion instruments)
2. Concert Music, pep music, jazz music
3. Folding Music Stand (if you have one)

Clothing Stuff

1. Outdoor clothes
 - a. Hat, coat, sweatpants and/or pants, shoes to get muddy
 - b. Sweaters, long-sleeved shirts, t-shirts
 - c. Socks, underwear (extra just in case)
 - d. Sunglasses (think positive!)
2. Indoor clothes
 - a. Athletic shorts, or sweatpants, and shoes for indoor (gym games)
3. Sleeping clothes
 - a. PJs that you can run outside in the case of an emergency and be comfortable.

Toiletry Stuff

1. Toothbrush/paste/floss
2. Deodorant
3. Shampoo/soap
4. Necessary meds (allergy, etc)
5. Personal products
6. Towel (drying)
7. Garbage bag (for dirty clothes)
8. ?

Other Stuff

1. Sleeping bag and pillow
2. Phone and charger (taking pics, there is no cell service)
3. Computer (for word processing and such, no internet connection available)
4. Homework materials
5. Camera
6. Games that are appropriate to play while at school with an administrator (example: no "Cards Against Humanity")

Please bring healthy snacks. There have been students in the past who have only eaten candy and got sick. This is not fun for anyone. Large quantities of junk food will be confiscated.

Remember that all LHS/PPS policies are in effect 24 hours a day when we are out on a trip like this. Consequences for inappropriate behavior, including vaping, smoking, drinking, will be enforced.

I'm looking forward to this time together!

- Mr. Kays